

Most Commented

1. **Fishers of Men: The Gospel of an Ayahuasca Vision Quest** (16)
2. **The 2010 Crop Circle Season** (15)
3. **Money as a Zero-Sum Game** (14)
4. **Bacteria Are Winning the Battle** (10)
5. **A Conversation with Andrew Harvey** (9)
6. **Build Your Own Low-Impact Home** (9)
7. **Lucid Dreaming as Shamanic Consciousness** (8)
8. **Chief Condemns Chemtrails** (7)
9. **Musical Mob Hits Target** (6)
10. **History and Celestial Time** (5)

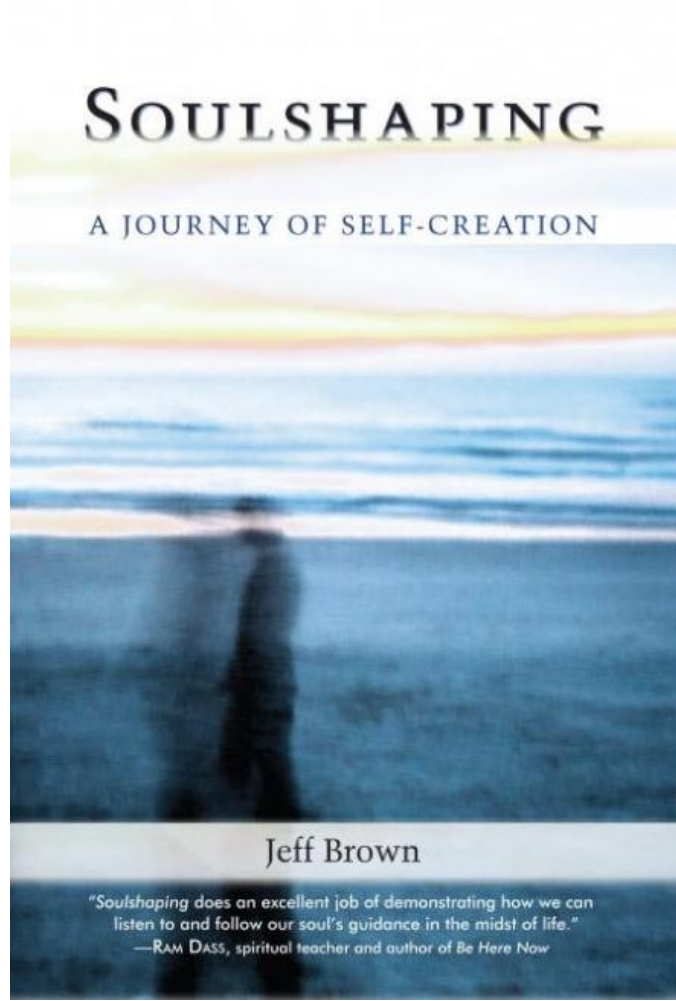
Popular Tags

- 2012 Activism Alternative Economics Apocalypse Archetypes ayahuasca Buddhism Community consciousness Consumerism Dreams drug war Eco-consciousness Economics End Times Entheogens Events Evolution evolver Festivals Healing Health Indigenous Cultures Internet Literature Meditation Metaphysics Money Movies Music Mysticism

Psyche FEATURE

Soulshaping: A Journey of Self-Creation

Jeff Brown



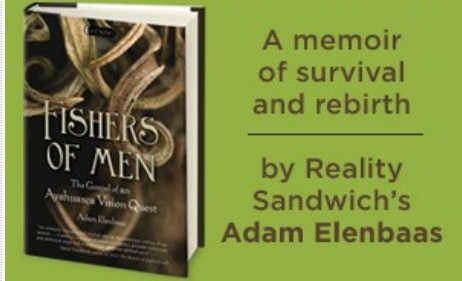
The following article is from *Soulshaping: A Journey of Self-Creation*, published by North Atlantic Books.

No Delay

Everywhere I look I see people who are walking a false path. Their obsession with "security" at the expense of their callings compels them to do jobs they hate. Grin and bear it, until I turn sixty-five, and then my real life will begin. What if our soul-scriptures only give us fifty years to actualize them?

By the time we retire at sixty-five many of us cannot even begin to access our real self. With our God-seeds planted in the wrong fields, we have

"Extremely engaging and original."
—DANIEL PINCHBECK



Featured

1. **The 2010 Crop Circle Season**
2. **Fishers of Men: The Gospel of an Ayahuasca Vision Quest**
3. **Mycoremediation and Its Applications to Oil Spills**
4. **Exploring Nature's Pharmacy: A Talk with Medicine Hunter Chris Kilham**
5. **2012: Tilt -- Game Over or Game On?**
6. **The Transformational Power of Complementary Currencies: Charles Eisenstein on Money (Part One)**
7. **Journeys with the Goddess**
8. **The World After Abundance**
9. **The Three Seeds**
10. **Being Embodied**



more

Evolver Social

1. **Rob Breznsy**
MP3
2. **Out of My Mouth
There Flew a
Spider:
Extended
Version**
3. **Talk to Charles
Eisenstein**
4. **Upcoming E+SM
Live Calls**
5. **Little Windows
into Another
Realm: Extended
Version**

more

become too tired and even ill from carrying the weight of the lie to really touch the moment. Forty years encased in stone will do that to you. And that's if we survive until then -- many of us die from the lie. If we don't shape *up*, we may be shipped out.

If we do what we really love, there is no such thing as retirement. The soul beat goes on. If we love our work, we may well make less money before sixty-five, but we are much more likely to live longer and healthier, and to actually want to work well past sixty-five. Is wholeness not the only retirement plan worth saving for?

Somehow it all comes down to truth, or consequences. There is something seemingly safe about living falsely. On one level everything remains unreal, even suffering, because we are walking a false path. Our choices are holdbacks, hiding places, escape hatches. If we don't get what we want, we don't really care. It wasn't our *real* path anyway.

But the consequences of our falsity are profound. When we live our truth, there is no dissonance along the mind-body-spirit continuum. We flow in the river true. Yet when we lie to ourselves, we corrupt our inner world. It takes an enormous amount of energy to self-distort. The lies get into our cells, and we suffer for it. The convenient fictions we tell ourselves to keep the truth at bay -- "I'll live my truth later ... after I pay off the house" -- become inconvenient factions that congeal and ultimately undermine our very existence. We should be more afraid of avoiding our path than living it.

If thinking of our own death doesn't motivate us, it may help to think of those who never made it down the birth canal. Think of those little ones who tasted but a few breaths before succumbing. Think of those who died on battlefields so that we would have a chance to be free. Remember how hard they fought for this life, how badly they wanted it.

No matter what others have mistakenly told us, we are all needed here for our gifts, however small or humble they may outwardly appear. If not, the universe would take us back in the blink of an eye. No matter what we may have done in our lifetime, no matter how uncomfortable we are with our past actions, there is always the chance of growing our soul a little bit more.

Dear Reader, please walk your own way while you still can. The truth is that there is no escape from reality. There is only postponement. When it comes down to it -- and make no mistake, it *does* come down to it -- all you are is your soul's journey. What else is there? What else is worthy of the time that you have been given?

Shtuscle and Flow

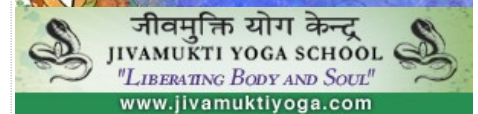
Soulshaping is very much the artist's journey. Our inner world is soul art; our lives its canvas. Like true artists, we have to be both willful and surrendered at the same time. We have to allow our form to change as intuition demands. Home is where the art is.

Let there be no doubt, this is no easy creation in a challenged world. The world is still a care-less place. Heartfelt glimpses of the God within are discarded as corny and impractical (pray to schmaltz!). Brief crackopens get glued over for fear that everything that holds us together will come unglued (let it unglue!). Interactions with like-spirited others that hint of the deeper ocean get misplaced, buried below the weight of survivalism and distraction (rise from the shallows!).

To craft the truest image, we need to make soul-tracking fundamental to our daily consciousness. And we need to develop and utilize our inner tools. The most important tool is *shtuscle* -- inner muscle, the soul-driven determination to overcome whatever obstacles come our way. Without shtuscle, and lots of it, we're not getting home. At the heart of the challenge is the courage to be vulnerable. Although the world rewards insensitivity with the spoils of war, it takes more courage to surrender than to numb. So often the most damaged people are the most advanced and feeling souls. They feel everything and are more strongly impacted by the

Contributors

Daniel Pinchbeck
Michael Robinson
Jonathan Talat Phillips
Ken Jordan
Erin Shaw
Marisa Smith
Remi Gurak
Paul Levy
Antonio Lopez
ST Frequency
Joanna Harcourt-Smith
Adam Elenbaas
Charles Shaw
Carl Johan Calleman
Jennifer Palmer
Charles Eisenstein
Amy George
Jay Michaelson
Paul D. Miller aka DJ Spooky
Thomas H. Greco
Douglas Rushkoff
Sharon Gannon
Erik Davis
Stanislav Grof
Contributors Index



disparity between an authentic life and the falsified energy of the world. We have to never surrender our right to surrender.

It is good to be patient with ourselves on this journey. Growers are inchworms. Transforming the shape of the soul is a lifelong process. Profound experiences can accelerate the journey, but much of the real change happens at slower paces and the places in between. It also helps to “soulebrate” our little victories along the way rather than waiting until we reach some illusory perfection. Although the journey can be difficult, there is something wonderfully gratifying about the processes of change. A new set of eyes each stage, a new soul-skin at every turn. What an honor and a wonder to self-create.

To achieve the greatest clarity, it is essential to construct a spacious and flowing inner world -- if you build it, *you* will come! Without breathing room inside the body temple, it can be difficult to identify our soul-scriptures. Triggered by old material, we expend all our energy putting out internal fires instead of channeling it to higher considerations.

Creating space is often a question of clearing emotional debris. I cannot overstate the importance of doing this work as part of the spiritual journey. Divesting ourselves of our emotional holdings is the greatest investment in our future. Remember, we don't need to get everything in place before we move our feelings. In fact, we may need to move them before we can get everything in place. Things come a lot easier when there is more space inside.

At the same time, we have to be very gentle with the ways we protect ourselves. Our defenses were the third arm that appeared at the most opportune moment, just as we were about to fall into suffering. Severing them with harshness only keeps the suffering that birthed them alive. As Mark Twain said, “Habit is habit, and not to be flung out of the window by any man, but coaxed downstairs one step at a time.”

Be conscious of the role that gender conditioning may play in holding you back. For example, many men were conditioned to be rigid and focused. The very thing they need to grow -- a heartlong plunge into their own confusion -- is internally unacceptable. Also, many men were trained not to be profoundly vulnerable in relationship. Yet many of our soul's lessons come through connection. Similarly, many women were conditioned to live everything through relationship. Yet many of our soul's lessons demand that we walk the path of the lone wolf from time to time.

A final word on shame: If there is any one thing that can hold us back, it is our own self-loathing. If we move through our lives ashamed of ourselves, it is very difficult to imagine and believe in our highest possibilities. Unfortunately we often don't know how much shame we carry. Droplets of shame get behind our eyes and blind us to who we really are.

We need to get to know our shame. We need to track it and understand its insidious impact on our inner life. And we need to help one another to bring it into the light. We need to share those things that we are ashamed of with each other, thereby freeing ourselves and giving others permission to be liberated as well. Self-admission is the first step on the road to self-acceptance. Every deep dark secret we hide is fundamentally human. How can it be any other way?

Shame is rooted in the shame pit of generations before, perpetuating the self-hatred of the collective unconscious, still lodged in dark energies and imaginings. Your shame has nothing to say about who you really are, never did, never will. In truth, you don't need anyone else's permission to show yourself. God gave you all the permission you need.

A Good Psychotherapist Never Hurts

To accelerate our healing, it is often useful to work with a psychotherapist. Be careful with your choice. The relationship between client and therapist can profoundly impact the healing process. You want to find a therapist with whom you feel a genuine resonance. When you



first meet them, see it as an interview. Ask questions about their own journey: What is their core healing philosophy? What called them to this work? What issues have they struggled with? How far have they come on their journey? How far do they still have to go?

All too often, clients don't move forward in therapy because they are working with a stuck therapist. Therapists are essentially tour guides. They can only take you through terrain that they themselves have walked. For instance, if a therapist has not reached a place of personal joy, they may keep you over-identified with your pain.

In the same way, be careful that your therapist is not perpetuating your own victimization. A good therapist invites you to accept and express your victimization, and then guides you to a place of self-responsibility, where you can take adult responsibility for your future actions. I have seen many clients stuck in the victim mode by therapists who are themselves stuck there.

The good therapist also understands the difference between guiding and taking over. Telling the other what I think happened to them sets up a disempowering dynamic. I become the parent and they remain as children, directed and defined by the omnipotent other. You want a therapist who takes over only when necessary.

A word about mainstream psychiatrists. They are the perfect people to visit if your only hope is medication. But if there is still a chance that you can be healed (and there almost always is), stay away from them if at all possible. In many cases, they are more analytic than therapeutic. Knowing *why* you do something is not enough to heal you.

With respect to psychotropic medications, it is good to be cautious when we walk down this road. Many of those medications are feeling-stuffers. They deaden the system and block its natural flow. All the held emotions that want to thaw and move out of us get blocked at their source. All the new life experiences with the potential for creating new associations cannot get inside. We have to be emotionally liquid before we can flow.

In the same way, be careful with the labels psychiatrists use. For example, calling someone a "manic depressive" often shifts the focus from a psycho-emotional experience to a categorical description. Instead of focusing on the source spring -- Why does the client go manic when she feels her pain? What pain is she trying to get away from? -- the label invites the psychiatrist to take the client on the drug trip. There is a fine line between stabilizing someone for therapeutic purposes and embedding their pattern further.

In addition, most psychiatrists (and many other psychology "professionals") do not understand the relationship between the body and the psyche. For example, when they look at "projection," they only look at it as a habit of mind. But projection is a body defense as well. As spiritual intuitive Abraham noted, "When we contract, we project." Projection emanates from and directly reflects a fearful, contracted emotional body. If we do not address the emotional body itself, there is very little chance of healing our defensive patterns. For this reason, a good body-centered psychotherapist can make all the difference.

Turning the Soulular Phone On

As space opens up inside, we often turn our attention to identifying our callings. To help us with this, it is essential that we spend a lot of time inside. So much of soulshaping is about the subtleties of inner design. Inside is where we separate the gold from the dross. Inside is where we do the work to uncover our original face. We have to sit down inside ourselves often and do our inner homework. When man walked on the moon, we attuned to every step with bated breath. Now bring the same focus inward and pay exquisite attention to your inner steps.

At other times, it is good to adventure outward and explore new possibilities. Call them depth charges, call them crack-opens, call them shots in the arm. Like swashbucklers of the spirit, we bravely seek out

any experience that might inform our path. When we are afraid of something, we live it fully and see what floats to the surface in the doing. We participate in our own revealing.

I want to really emphasize the value of retreats and workshops, particularly those held away from home. Because we are often adapted to our roles in our daily life, it is difficult to try new ways of being on for size. On retreat we have a wonderful opportunity to let go of our local framework of perception and adventure into broader realms of possibility.

Soulshaping also means not being afraid to do things that feel weird -- *weird your way to God*. There can be something very helpful about doing things that feel strangely unlike who we think we are. Many of the things we resist contain the seeds of our unfolding.

It is also important to keep the quest for Essence alive. Even an occasional dip in its pools will expand our soul's consciousness. It is like gazing at the valley from the top of the mountain instead of the bottom. We see more than just a few localized trees and a small part of the river. We see the bigger picture. The monkey mind feeds on "small peanuts": tireless anxieties, petty jealousies, fearful imaginings. Starve it by swimming in a vast ocean of delight.

If we swim here often enough, we won't need harshness to wake us up. We will already be awake. There will still be suffering, but it will not be as malicious in its intention. Now we learn from sweeter experiences: the change of a season, the touch of a cat, and the old friend that we bump into right after thinking about her. We enter a more subtle and sophisticated understanding of God's world.

Do not be dissuaded if your call begins quietly. It may be in hiding, but it's still in there, still breathing, still with a soulbeat. When the soulular phone finally rings, answer it! It's the divine Mother calling to remind you of why you are here. You are one of the lucky ones. Most never hear it ring.

God is IN the People

At the heart of Soulshaping is a profound faith in the human experience, in the karmic significance of our personal identity. This stands in real contrast to some of the detachment models that are gaining favor in Western culture. These models present true-path as something distinct from the emotional body, as though our usual self-identifications are inherently inauthentic, as though our physical forms are inferior. At the extremes, they seem to suggest that God made a mistake when she placed us in human bodies. These models worry me and present an image of heightened consciousness that often feels more robotic than human, more heady than hearty.

Soulshaping is not a detachment model. It is an immersion model. It is about jumping into life, immersing ourselves in our feelings and experiences in an effort to learn what we need to expand our soul's consciousness. It is about "feeling" God, not "thinking" God. It is about honoring our personal identity and our physical form as not only the "vessel" for the soul, but as the embodiment of the soul as well. Embodied spirituality.

To be sure, there are times when detachment is necessary: when the suffering is too much, when we need a peek into a vaster reality. Indeed we are far more than our monkey mind, our neurotic attachments, our linear lens. But to live in perpetual detachment is to miss the moment altogether. It is to trip out of the body that carries the karmic seeds for our transformation. It is to leave Earth before our time.

The most inclusive answer is to work on eradicating our misguided notions of "I" until our notions of I-ness become directly linked to who we *really* are, to a conscious awareness of our soul-scriptures for this lifetime. To do this we may have to become initially effective at detachment techniques. But then, when we are ready, we come back down to Earth and work with what lives inside us. This means learning how to cultivate our bodies as gardens of truth. This means calling ourselves on our

detachment from our shadow. This means doing the often-difficult work to clear our emotional debris and gain control over our relational patterns.

We clear our emotional debris because this creates space inside for our authentic self to emerge, and also because inherent in those feelings and memories are the lessons we need to grow in our spirituality. Our thoughts are only illusions when they do not reflect who we really are, our emotions only wasteful when we are not seeing them all the way through to the spiritual lessons they contain. When we are aligned with our authenticity, our feelings and thoughts become instruments of true-path, direct expressions of our highest intentions. In this more authentic state, we become much more effective at attracting what we want from a universe that is only interested in authentic expansion. Nothing feigned will do.

Our humanness is the "I" of the soul needle. It is our soul clay. It is the heart of our magnificence. God is in our humanness, God is in our connectiveness, God is in our broken hearts, God is *in* the people. I-God.

A Warning about Gurus

Some of us turn to gurus to help us home. In the Hindu tradition, a distinction is made between two types: (1) sat-guru, and (2) upa-guru. A sat-guru is a realized master. She is the way. Amma and Neeb Karori Baba are said to be examples of sat-guru. An upa-guru is a door opener. They influence a shift in your consciousness. They show you some part of the way. Anyone -- your mother, your cat, the homeless guy who tells you to get out of your head -- can be an upa-guru.

When someone presents themselves as a sat-guru, or when we project sat-guru onto someone, we tread on dangerous ground. To be sure, some individuals are worthy of our devotion, but we have to be very careful. The legacy of the exploitative guru is a long one, and it has caused undue suffering.

There are many signs that we are dealing with an ungrounded and potentially untrustworthy spiritual teacher. For instance, they have one set of rules for you, one for them. They deny their unresolved issues. They see the body as substandard or entirely distinct from the soul. They reframe painful life experiences *only* in terms of spiritual learning. They see the world of emotions as illusion (except when it is convenient not to). They rely on their so-called *purity* as an excuse for not forming adult boundaries. They defend their behavior by reference to a higher knowing. If you complain about their actions, you are told that your complaints are emanating from the mundane world and that you just can't grasp their lens.

They may also re-frame their own dysfunction in heightened terms ("I quit the world because I had a higher calling") rather than facing their shadow head-on ("I had too many issues to deal with the world"). A giant warning sign is the use of "the mirror" as a defense against wrongdoing. The guru claims that his (questionable) actions were not actually for his own benefit but done with the conscious intention of reflecting back to you the unresolved aspects of your own consciousness. If you felt betrayed, it was because you have issues around betrayal that you need to look at.

If we do choose to sit before someone, grounded spirituality demands that we check in as to our motivation. If we are lost in the perfection projection, we need to own that. If we are looking for the good father or mother, we need to own that too. In most cases, the guru is just a travel agent for the particular trip that helped him to become more aligned. With only rare exceptions, he cannot tell us our truth. He cannot tell us what to know. The most he can do is call out to our knowing and remind us of what we inherently knew all along. Anything else is usually a misappropriation of karmic funds. Be careful.

If we just see everyone as an upa-guru, then we can avoid many of the pitfalls that come with the sat-guru projection. Better yet, chase ourselves down the way we chase down the guru. See our own lives as guru. Sit before it as student and teacher. What a thing -- to be teacher and student both!

A Soulful World

In my imaginings, I see a world that makes the journey of the soul its most important priority. Here, we adjust every aspect of our lives to its authority. If a forty-hour work week takes us out of attunement, we change the work week. If too much stimulation alienates us from the source spring, we consciously limit it. If fifteen hugs per day keep us connected, we insist on them. Our environment and our terms of reference are shaped from the soul outward.

In this soulful world, we would pay homage to the steps that we have taken to find our way home. We would honor the same in others, recognizing the courage it took to live in truth. People often talk about living in the moment, but it is my experience that we do not live in the moment if we are not living in truth. *Truth is the gateway to the moment.* It doesn't matter how much we achieve, or how many things we master, if it is not our true-path. The moment we lie, we leave the moment. The work we do to separate false-path from true-path is not just spiritually beneficial, it is our best and only hope.

Lately, I have been imagining an international holiday called "True-Path Day." We have holidays to celebrate our battles for outer freedom, but few that acknowledge our fight for inner freedom. On True-Path Day, we would soulebrate every effort we have made to excavate and embody the soul-scriptures that live at the core of our being. Every calling that was explored and every essential lesson that we learned would be held and seen in its highest light. The ramifications of such a day would be profound, particularly for the younger soulshapers. Instead of being conditioned to play it safe, they would be encouraged to live in truth as a way of being. Later in life, when the little voice pipes up in their inner world, they would happily raise it to the rafters of consciousness.

In this more liberated world, we would be easier on each other. We would always strive to see others as souls, even those we profoundly dislike. We would recognize that each of us is a soul at a particular stage in its development. The most we can do is inch a little forward each lifetime. Even those of us who are able to make giant leaps are still limited by the developmental stages of the collective unconscious. We can only jump so far before the world around us limits our expansion. We are all in this together. We *are* this together.

My favorite dream is that of a soulshaping university. *Soulshaping U* is dedicated to the opening of the heart and the excavation of our soul-scriptures from the library within. Courses are experiential in nature and might include Depth Charges; Ego Shucking; Emotional Clearing and Integration; Money Management; De-arming; Dream Interpretation; Methods for Shedding Falsity; Issue Spotting; Meditation; Shazam: The Inner Wow-Wow! Because only the individual soul can know how close it is to true-path, the individual gives her own grades: Did I courageously depth-charge? Did I soul-attune, or did I soul-distract?

In addition to honoring the PhDs of the outer world, we would also honor those inner world guides who help us to shape our own myths.

In this soulful world, there would be a profound emphasis on relationship as a path to God. We would place much less emphasis on gender, and more emphasis on the spiritual threads that bring us together. We would be encouraged to summon and identify members of our soulpod from an early age.

There would also be a strong cultural emphasis on foundation building, recognizing that we cannot hold soul love safe until we have worked through our own obstacles to intimacy. You can't love another person if you can't see them, and you can't see them until you have clarified your own lens. At the same time, we would be under no illusion that all "soul-mates" are meant to last a lifetime. Some soul connections are meant to last but a moment, whatever you need to smooth the rough edges of your soul.

In this love-struck world, relationship would always be experienced as spiritual practice, a devotional expression of our God-self. We would all be taught to recognize those who had encountered soul love, and we would support the related processes. Rather than blindly characterizing the tumult as pathology, we would accept that the tumult is often necessary, and sometimes quite beautiful.

To stay awake to the sacredness, relationship rituals would be taught and practiced everywhere. Fewer would get up on Saturday and Sunday mornings and go to houses of worship to come to God. Many would stay in bed on those mornings, turn to their partners, and come to God in their own houses of worship. Employees would get time off from work not just because they are physically ill but also because they need to tend to an unhealthy relationship. Couples would go on regular retreat where they would be fed and housed, and where elders would be present to help them through difficult moments. We would structure our world and define our values so that love can stay at the heart of the matter in every moment.

Help Wanted!

Soulshaping (Un)limited seeks like-spirited others to join a profound and tireless revolution of the spirit. Without your participation, our world of glorious possibility is at risk.

Joining begins within. There is no job interview, no grand inquisition. You look inside and decide if you are willing to do the work to excavate and honor your innate image for this lifetime. Only you will know if you have that willingness. If you do, get to work on whatever it is that stands between the you of this moment, and the *truest* you.

At some point, you may feel ready to bring your soul energy outward. You may want to gift back. In Sanskrit, the word *seva* means to be of service. How can you help “seva” this mad world? That is for you to decide. It can be as obvious as honoring your callings. It can be as subtle as attempting more genuine contact with others -- “How are you? No, I mean how are you, really?” It doesn’t matter what form it takes, so long as it feels true to path.

If the revolution can really gain steam, we will need all manner of soul workers and spiritual activists -- unmaskers, initiators, excavators, humanifestors, lesson interpreters, energy workers, dream weavers, mystery mamas, handholders, ego-shuckers, boundary-makers, authenticators, guru busters, soulular phone operators, conscious flakes, masters of the heart. Whatever you have to overcome on the way home will prepare you to help others with the same challenges. I’ll see you on the path.

© 2009 by Jeff Brown. Reprinted by permission of the publisher.

Jeff Brown is a practicing body-centered psychotherapist who studied Bioenergetics with founder Alexander Lowen. He is co-founder of the Open Heart Gang, and is currently working on a documentary film about Bhagavan Das. Read his Evolver profile [here](#).

Teaser image by Miceeatcheese, courtesy of Creative Commons license.

11-9-09 [Jeff Brown's blog Login](#) or [register](#) to post comments  [ShareThis](#)

[Printer-friendly version](#)

Tags: [Psychology](#) [Meditation](#) [Health](#)

Comments

woderful essay, jeff :)

Submitted by **kikz** on Tue, 11/10/2009 - 10:31.

for some comedic yet serious & precautionary info... inre modern gurus...

the perennialist author, dr. norman livergood has a wonderful, short essay...

<http://www.hermes-press.com/ModGuru/guru1.htm>

much more good reading on 'soul-shaping' can be found in the philosophical essay section on his 'new enlightenment site'.. enjoy

<http://www.hermes-press.com/>

[Login](#) or [register](#) to post comments

GURUS

Submitted by **HeartMan** on Tue, 11/10/2009 - 21:29.

I love the accessible and clarified way you write so much Jeff. I especially love the part about truth as the gateway to the moment and the whole Guru section. Everyone who is considering giving some of their power over to a guru or spiritual teacher should have to read that section. It would save people so much trouble. As we saw in the sweat lodge fiasco a few weeks ago, the projection onto the teacher as God has perilous consequences and we have to be so careful that our teachers are coming from a healthy place, and recognize their own limitations. Well done dude!

[Login](#) or [register](#) to post comments

Blah blah

Submitted by **RogerscottQ** on Wed, 11/11/2009 - 01:04.

Evidently, the 'publish or perish' mentality has caught onto the recognition by just about everyone that everyone already has/have what they want and are able to do without 'help' from "teachers". So the new 'buzz-word' of such commercialists of 'spiritual-talk' is to 'bust' the 'guru' concept.

Then the very next sentence ends up as just another version of appropriation of this very position rather than simply being an opinion by another joe-bloe-jack-shit we can either take or leave.

Okay. I'll tell you what i think, you blow it off or you find something worthy in it . . . whatever. Our personal freedom of thought remains. We may even hate the ideas espoused, but we are fellow thinkers and we say so as we think and then some correspondence may develop and both thinkers may change their merely intellectual structures as is more than likely.

This is already going on. Over fences, through 'tracts' or even creating 'news' papers or 'media'.

Starting 'institutions'? Does this involve some 'platform'? Or 'thesis'? No thanks. Another cult. Inertia.

What's the deal with this proclivity, anyway?

Why can't we just talk from first hand experiences and forget about 'naming' a format for just talk?

Another 'movement'! Yeah. Right. great! NOT!

Like: DUH!

Actually, the Portland expression IS DUH! and then 'Not!', meaning "Don't." So I suppose Groeniytyyghc's odd speech made it 'Doh'. I wouldn't know. He was Lincolnite, I'm a Worshingtonian! or REAL PORTLANDER.

He's retarded. His cartoons SUCK!

Whatever I said: maybe the opposite! Or the opposite of the latter. You decide!

[Login](#) or [register](#) to post comments

Way too...

Submitted by **Leon Night** on Wed, 11/11/2009 - 09:29.

Way too many analogies, way too many metaphors, way too much "dig all the new and original words and phrases I can come up with". I couldn't even read all the way to the end of it. Thanks for

the heads up on this one!

And then there's "...if thinking of our own death doesn't motivate us, ...Think of those who died on battlefields so that we would have a chance to be free. Remember how hard they fought for this life, how badly they wanted it."

I'm a Marine Corps, Viet Nam veteran, so I can tell you from personal experience: That's an overworn line of CRAP!

War is a form of communication between the unevolved elites of different stripes who, because of *fear* and not bravery, know of no better way to communicate with each other than to brainwash their country's children into spilling their precious blood so that these elites can live in some semblance of freedom from their fear. Little do they know that, along with their children's precious blood, any hope for true freedom is forever lost to them.

One's own evolution should have transcended such cro-magnon states of consciousness before an attempt is made to teach "soulshaping" to others, don't cha think?

[Login](#) or [register](#) to post comments

Interesting point...

Submitted by [Wanna](#) on Wed, 11/11/2009 - 18:40.

"Think of those who died on battlefields so that we would have a chance to be free. Remember how hard they fought for this life, how badly they wanted it."

The implication here is that Jeff thinks that people died on battlefields for our freedom? Is that true Jeff? I suppose there are some who did go to war under that impression due to cultural brainwashing, and there are also many who went to war because they didn't have a choice.

I've never had direct experience on the battlefield in this lifetime, but I did find that statement odd. I don't get your point at all. How does thinking about infant mortality and casualties of war motivate me?

Jeff, if you're checking these posts, you might want to explain yourself, if we misunderstood, or take this as an opportunity to gain a better understanding of what's really going down on the battlefield. I don't think they are sacrificing their lives for my safety or freedom. I think most are being forced to sacrifice their lives to protect the lifestyles of the elites.

Aha! It just occurred to me that the reason why we are still fighting wars is because enough people are still buying into the war propaganda.

[Login](#) or [register](#) to post comments

Its easy to criticize

Submitted by [Rememberance](#) on Wed, 11/11/2009 - 13:31.

It is so easy to criticize- to position ourselves as a rebel against other people's expressions and revealing. It is much harder to stand up and say what we believe in. Brown is telling us what he believes in. If you don't agree, then vulnerably present what you believe in instead of making arbitrary criticisms. Everyone needs to reveal their truths rather than criticize others for revealing their own. I love all the metaphors and new language Brown uses. He has a Dictionary of new language at the back of Soulshaping that has helped me in my life. We need new language badly, to reflect a more elevated consciousness. And I think he is right about the Guru trap. We can never have too much to say about that. I got caught in that net myself, and wish I had read his words beforehand. I would still have my savings account.

[Login](#) or [register](#) to post comments

googoo trap

Submitted by [revolutionrabbit](#) on Wed, 11/11/2009 - 19:04.

as far as soulshaping, i like James Hillman. I frankly could not read this article, i skimmed it, because the first lines that came up just initially turned me off. Even though i did not jump to any conclusion, i

still go with my original psychic impression. I did not read the part about the men going of to war to die for freedom. I think we need to get a better grip on that language. I like the way this article ends, it seems to get beyond the other stuff. I know dealing with all this stuff is very difficult in any case, and we obviously need new language. I myself have given lots of thought about new language, in the sense that certain statements seem to rule our lives. So one begins by taking language to task by confronting how we have been shaped by it. Soulshaping indeed. In my life i was a kind of casualty of war, in the sense that i refused to be drafted, and what i had to go through to not be drafted, had a major effect on me. Nobody hears about people like me, because there are so many Vets committing suicide, and living on the skids with every kind of disorder unknown to man. WHAT IS DYING FOR FREEDOM? is that killing people that also want freedom? I don't get it. I guess i will attempt to read the whole article now.

[Login or register](#) to post comments

The saced battleground

Submitted by **Brooklyn** on Wed, 11/11/2009 - 20:23.

You have misinterpreted his war reference through your own subjective lens. I love Jeff's way of putting words to so many of the things I intuit. He has a large following on Facebook because he understands where real people live. I don't think he would consider the above essay his best writing, because the strength of his writing comes through in the more personal writing in Soulshaping, much earlier in the book. Cut the man some slack will you, he is one of few writers in the self help field who actually reveals himself in his work. I looks for his Facebook status every morning for inspiration.

[Login or register](#) to post comments

how about i give YOU

Submitted by **revolutionrabbit** on Thu, 11/12/2009 - 07:57.

some slack?

"YOU"

who is that?

P.S. why does Jeff need slack?

i mean we all need slack, or not more or less, but he is the dude that is suppose to give us some, right? that is what his article is supposed to be about How we give that to ourselves, i guess when i read about people that are suppose to be some kind of knower about all this stuff, i am looking for the slack between his words. I notice that if you know when he is all about then where is that slack, oh and one other thing, slack is so passe'.

[Login or register](#) to post comments

I'm happy for you...

Submitted by **Leon Night** on Thu, 11/12/2009 - 09:17.

It's good to see a number of Jeff's supporters showing appreciation for his words and coming to his assistance in response to my comment. Good for you! But if you think I'm attacking him personally, you are mistaken.

My opinion, whether it matters or not, is that the written word should flow in such a way that ideas are given easy access and distractions are kept to a minimum. Words are a means to an end, not the end in itself. Jeff's words were just way too distracting to me: so detracting from his message, in fact, that I had to stop reading it. Mine is an opinion that you have every right to reject.

But secondly, any idea that war isn't an obsolete means of communication in a world that is pregnant with new consciousness, detracts from any message which hopes to promote such consciousness. This, I believe, can be stated as a fact.

[Login or register](#) to post comments

[@Kikz](#), [@Heartman](#),

Submitted by **Jeff Brown** on Thu, 11/12/2009 - 11:36.

@Kikz, @Heartman, @Rememberance, @Brooklynlyner, thank you. @RogerscottQ- Thank you. I agree with some of what you wrote. This chapter from Soulshaping came at the end of a very long subjectively written journey book, where I did what you suggested—talking from first hand experiences. On its own, this chapter comes across as a little preachy and guru-esque, because you are not connected to me as a reader. Many of those who have read the book seem to read it in a different light. But there is always this tension for me as to how to present some of the things I feel I have learned about the path. If only subjectively stated, it doesn't always land. If too definitive, it comes across like a know it all. I find this a complicated question. @Leon Night, @Wanna- I do not feel you are reading what I wrote in context. To say that there are people who have died on battlefields so that others can live more freely is factual. The essence of the statement you are reacting to "Think of those who died on battlefields so that we would have a chance to be free" helped me often on my path. When I was resistant to doing deeper work to excavate my own path- to really own it- I would often think of those who had died at war. This thought often motivated me to go deeper, to take my own life and my own freedom to do deeper work more seriously. If anything, I feel this comment was a statement of respect for those who went to war, not the opposite. @revolutionrabbit. Agreed- Cut me no slack.

[Login](#) or [register](#) to post comments

Greater dynamics

Submitted by **Leon Night** on Fri, 11/13/2009 - 12:08.

To say that there are people who have died on battlefields so that others can live more freely is not, in my opinion, factual. To say that the replacement needle program for intravenous drug users helps prevent disease is not, in my opinion, factual. To say that the intention of the widespread dissemination and use of condoms has the same purpose is not, in my opinion, factual. To say that a woman's right to choose to have an abortion is constitutionally valid is not, in my opinion, factual. To promulgate such as recognized "facts" is an insult to the potential of an evolved individual's intelligence.

While cherry-picking such facts to support a belief system, or doing it to deliberately confuse an issue in the mind of someone who has yet to make a decision on such matters is common in today's polarized political climate, it is transparently clear to more evolved persons that such "facts" are incomplete at best, and at worst, nothing more than political propaganda. The very attempt to cast a fact in concrete destroys its living and evolving nature. Facts are constantly moving targets, which require a keen eye and constantly renewed attention. To make matters even more difficult, each point of consciousness which attempts to capture such facts, is itself constantly expanding. I expect such cherry picking of facts within the comments sections of RS, and even within many articles presented here, depending on the subject. But when someone espouses views on such transcendent subjects as soul shaping, I expect the presentation to be free of such obsolete associations.

There is a possibility, which has been gaining momentum here on RS, that human history as we have known it may be reaching its climax; that it may be reaching a completion; a moment of fulfillment. RS has therefore become a place to discuss the open architecture of a new paradigm of potential, and it appears to draw more and more of those who are just now awakening to these possibilities. To dissuade such a vulnerable individual would be a terrible shame, in my opinion.

War has been a form of communication; a primitive signaling strategy used to resolve disagreements—usually between peoples who speak different languages or think in incompatible ideological modes. While greater freedom has often been cited as a perceived benefit, war has always been barbarously cruel, extremely expensive, and notoriously inefficient. A simple accounting of the numbers of declining casualties of modern warfare will tell you that the general public has grown tired of its gross inefficiencies, not to mention its incompatibility with a generally growing sense of increased public consciousness. To say that someone died so that I might be free is simply monkey talk.

The form of communication currently being used to replace war is called diplomacy. The form of communication that will soon be used to replace diplomacy will be even more cooperative in its nature. Lets call it Love.

To orient your life within the architecture of some other human being's understanding is to lock yourself into a framework of someone else's prejudice, however well intentioned; It is to prefer the past-oriented knowledge of another to your own present-moment perception; It is to doubt both yourself and the deeper-level consciousness begging to awaken within you. Anyone who ignores the dynamic universe of causal particulars in any given decision-making process, recognizing at once that she too is one of the dynamic particulars to be equated, does so at the cost of their personal evolution. Beware of language polluted with the ideology of a dying world.

"In times of change, learners inherit the earth, while the learned find themselves beautifully equipped to deal with a world that no longer exists." -Eric Hoffer

[Login or register](#) to post comments

Different levels

Submitted by **Wanna** on Fri, 11/13/2009 - 17:26.

@Jeff - Thanks for taking the time to explain yourself. I think we are just on different wavelengths.

@Leon - Nice quote by Hoffer.

As Jeff mentions in his article - "Therapists are essentially tour guides. They can only take you through terrain that they themselves have walked." I think this speaks to the heart of this discussion on war.

We are all at different levels, and guides at the different levels are required to assist those at that level ready to master the next lesson. Those who resonate with Jeff can learn something from him. Those who have already left those lessons behind may find fault with his understanding but remember, we're all at different levels and everyone needs to discern what works best for them at their level.

In other words, truth is relative to your level. What's good medicine for you, may not be the right medicine for someone else. Vulnerability may be the right medicine for some at a specific moment along their journey, whereas Self Authority may be the right medicine for someone else. The question is, does "it" make you stronger, more expansive, more loving, lighter or freer. We need to listen to one another to gain understanding of the other, and then turn inward for inner guidance.

[Login or register](#) to post comments

Amen, Wanna

Submitted by **Leon Night** on Sat, 11/14/2009 - 11:55.

Amen

[Login or register](#) to post comments

Was it good? Maybe not BUT...

Submitted by **The hungarian heart** on Tue, 11/24/2009 - 18:46.

you see, an article is measured by what good and true value somebody (anybody) can get out of it. You never write for everybody and there isn't such thing as the perfect article.

For me, the part about Shame was interesting, i reckon that is an undervalued concept that could be very good to work on. Yeah sure, the rethoric about dying for freedom was ridiculous but the writing isn't about that. I had skim the work too, there are just too many flat parts in it. Gurus and Psychiatrists are too particular to the American culture and i have little interest in them. However, in the end it was worth it for me, even if only a few things i can use out of it, and surely, there are many things in the article we had heard a 1000 times about self-shaping but i reckon there isn't enough times and ways we should talk about this. To some of the critics i note, that it is after all, the purpose and service of Reality Sandwich and Evolver to display ideas and theories from the perimeter of counter

culture for the world to see. Those who feel they want add something to these ideas they free to do so. There are no RULES in this framework, at least i hope there aren't any. And on this point a note to ROGERSCOTTQ : your comments are well mirrored in your last quotation 'whatever i said maybe the opposite' so on. This we also heard a 1000 times and i still don't what it suppose to mean. Human communication might be very restricted and unprecise at it's base but still that is what we do, we communicate. Propose a better deal, one that you don't think the opposite of also stands with the same validity and then you actually said something.

[Login](#) or [register](#) to post comments

to leon

Submitted by [The hungarian heart](#) on Tue, 11/24/2009 - 19:23.

your words are sure beautifully chosen and ring in the righthous tone and you inpire me too. However if some vulnarable 'learner' righth now is reading your theory on wars, they are probably being misled. Wars are NOT communication between parties! Wars are simply being encited by people (beings) who's primary interest is to have that war. They are using many thousand year old knowledge in the Human inner structure. All wars have been manufactured, maintained and financed by those who mainly benefit from it! I propose, you just discard the bad movies from the better ones without a greater judgement and that LOVE that you mention (that i believe in too) will come to you even mre patiently. We can not save every 'learner' from being misled we just gonna have to take 'em with US in the end when LOVE comes.

[Login](#) or [register](#) to post comments

Ken Carey

Submitted by [Leon Night](#) on Wed, 11/25/2009 - 18:10.

Thank you, The Hungarian Heart, for your comment.

Ken Carey's book entitled The Third Millennium, on pages 112-114 (paper back book) under his subheading Military Power describes well, in my estimation as a veteran, some of the opinion I currently hold on the subject of war. So well is it written that I paraphrased the seventh paragraph of that subheading in this thread somewhere above.

My comment concerning freedom and war was intentionally brief due to the point I was making, along with my desire not to cause a reader any impatience. If you're interested, the above mentioned pages of Ken's book provide a broader and more balanced summary than my comment alone had the space to provide. You might find that it will broaden your view as it did mine. Of course, once you have the book in hand, and read it, you might find it to be a new one among your group of favorites. It is one of the very few books that I've had to re-read immediately.

Peace and Happy Thanksgiving to all of my RS friends!

[Login](#) or [register](#) to post comments

Right words, Wrong words??

Submitted by [Coopsy](#) on Wed, 11/25/2009 - 09:20.

Im not much good with words and am pretty new to this stuff, but Im glad some of you people share what you do! Whether its "right on" or "way off" it started a dialogue with different point of views which are great! It helps me see a few different angles which then stimulates my brain and deeper within and helps me on my journey, path or direction, which ever its suppose to be? No matter what or who we are, we will always see something differnt from our own eyes, I guess its just the way we look at it or what we are looking for and what we are looking for can change a lot in what we get and see too! Keep on posting! :) [Coopsy](#)

[Login](#) or [register](#) to post comments

Dear Leon, Thank you for

Submitted by **The hungarian heart** on Sat, 11/28/2009 - 16:38.

Dear Leon, Thank you for answering my somewhat arrogant and over-simplified letter, it shows that you are a man of perceived respect and basic values. I struggled all my young life to be left out of the military, so not only you but anybody with military and war experience knows much more than i do about the details of military engagements. I also bow in front of the man who has the courage to sacrifice himself for his brothers and for the larger GOOD.

But this is a higher discussion than bravery or herodome. This whole thing about wars becomes a philosophical question and it is not a very difficult one to see. I truly believe that wars and any significant conflict is a mistake. Avoiding conflict leads to peace (even if not immediately), and engage in it will lead to conflict! When you are cornered self-preservation takes over and you defend but only to be able to walk away, you don't pursue the aggressor and if you have to leave everything behind, you do that, you walk away without anything just to avoid further conflict. On the long run that is the only spiritually guided human choice. But this is not an easy one to make because we are also warriors (biologically) and full of Ego, the ancient animal aggression is a deeply seated human character. This is what ultimately has been abused and further inflamed by the those who wanted to benefit from the created conflicts. Here i quickly also note, that wars (as opposed to what you'd said) have been extremely successful and economically viable for those who created them.

Some claims that human evolution and a development of consciousness and so technology would have been impossible without wars. That is plain wrong, in peace and no tension we are fearless to grow and inspired to change if there is enough interaction between people and cultures (the Australian Aborigines remained at the same level for 50 000 years because they were segregated from all other cultures).

So Leon, let me be a little more arrogant again and decline on the book outright. As far as i am concerned there is no need for me to further broaden my view on wars, it is the myriad of other issues that spring from peaceful inspiration that i wish to spend my time and brain activity on. I realise you only commented on others war notes and hoping you had left this part of your past permanently behind. thank you again for your letter and trust me i do appreciate most of your other thoughts

[Login](#) or [register](#) to post comments

Ken Carey

Submitted by **Leon Night** on Sun, 11/29/2009 - 09:23.

Many others on the path toward spirit will highly recommend the book *The Third Millennium*. ...Just ask around. It is a book of advanced ascendancy, not a treatise on war.

On other matters, our opinions vary due to many differences in our personal experiences.

Never stop reproving to yourself what you think you believe today. Only someone with a serious doubt is capable of an original thought.

[Login](#) or [register](#) to post comments

2012 ?

Submitted by **The hungarian heart** on Mon, 11/30/2009 - 22:09.

Leon, i looked up some interview with Carey and i started wondering whether you think we just go on the same way after 2012 and the powers to be just gonna let us change the rainforest situation or other critical issues simply because now we see them in the new light?

[Login](#) or [register](#) to post comments

2012 !

Submitted by **Leon Night** on Wed, 12/02/2009 - 10:02.

I believe many things with regard to 2012.

I've been making comments in another thread on the subject of "either/or vs. and" because I've come to an appreciation that everything is true; there is nothing that exists...that is not true.

A study of quantum physics will show you that all possibilities live in the implicate dimension. It isn't until the implicate wave form collapses that one of the infinite possibilities inherent within it become reality in the explicate dimension (the reality of our senses).

Therefore, everything you've heard about, or read about, or have intuited in your own quantum mind about 2012, is already true; is already real! The question then becomes, Which possibilities will manifest? David Crosby said it best, I think: "There are no secrets; only time for them to unfold."

Which possibilities do I think will manifest? Humanity, which is already undergoing a subtle evolution in consciousness, and which is already subtly adjusting the specific biology necessary for the full enhancement, will soon undergo a devastating trauma of such magnitude that a bifurcation will be triggered which I call "a metanoic mutation to unity consciousness". (Look up Metanoia in Wikipedia) This bifurcation will result in a new trajectory for humanity toward a universal civilization with transpersonal Love at its core. (research Transpersonal Psychology -Grof, Reincarnation-Stevenson, and Integral Philosophy-Wilber)

This spontaneous mutation will be necessary because there is simply not enough left of what's called "evolutionary time" for humanity to gradually evolve. We are quickly emptying our mother's breast.

Less likely I think, although still quite possible, is that the devastating trauma will result in the extinction of humanity.

And then, of course, there is the negation of the concept of either/or with the possibility of 'and', which insists that a combination of all scenarios will occur.

Will it be 2012, or 2022, or 2032, or later? I don't know. I just hope I'm alive to witness it.

[Login](#) or [register](#) to post comments

I will try

Submitted by **The hungarian heart** on Mon, 11/30/2009 - 21:43.

Not to get too personal, i have to admit i find you more and more interesting. No need for asking around (also i am not surrounded by like-minded ones) i might have judged your proposal too hasty. I will definitely try to put my hands on that book. Your last comment is beautiful. Trust me, doubts i got many.

[Login](#) or [register](#) to post comments

2012?!

Submitted by **The hungarian heart** on Mon, 12/07/2009 - 05:34.

2012 ?! I hear you Leon and i hear Quantum Mechanics too but obviously not load enough, because the dynamics is beyond me. I do agree that we can heal ourselves, awaken our past lives, transform and change our bodies to an elite athlete or grow our lost hair back, do pretty amazing things many people never even heard before. All this by collapsing that quantum wave into a singularity. Our reality is largely affected by our work put into creating it. There are thousands of example of this extraordinary phenomenon. Nevertheless, our limitations seem to follow us everywhere we try to hide from them. Which begs the question of what is the nature and extent to this creating? The problem seems to be that although all possibilities live in the implicate dimension but not all of those can be dragged into the explicate order, mainly because our explicate dimension is partly shared by others. No matter how hard i (or anybody else) will try to collapse that wave i will not be able to

rebuild the Giza Pyramid on the top of the Indian Ocean. Not to go into the completely impossible looking examples maybe we should rather think of a simple election in a country. Again i can try very hard to create a reality for myself in which one political party will win over the other but other people will try to do the same for the other party. One person's reality doesn't seem to override all the other's reality and if that override will require more than half of the electorate than we talking about a simple voting system and not any kind of quantum phenomenon. Maybe self creation works only with those who we are in contact with in some way. Ofcourse even here we encounter serious problems but not to try to be too smart about it, they are maybe subject to changes as we work hard on them, but clearly the election example seem to be completely beyond our capacities. In addition when it comes to what constitutes to be Reality and how true it is. The very same quantum theory tells another story about the trueism of reality where Heisenbergs Uncertainty Theory clearly shows that reality is uncertain or not really true (at least not in the measurable sense). And the Astronomical studies are telling us that some distances are just too far to even contemplate about and there isn't a single thing we can concretely claim in their regard. I believe in truths as much as the next guy but surely more confused about them than the next guy. This is not a critique on your words it is just that you seem pretty confident and so maybe you can explain some of these points. Pinchback has a very interesting take on the 2012 subject, one that i feel pretty close to myself. Nevertheless i still have similar problems with it as i have with the -we create our reality- theory. In his version there will be biblical rapture type of transformation where the selected ones would be catapulted into the new paradigm. He received this message from the Quatzecotle spirit. It sounds fair in the first look, because the one that is false has to die for the one that is true to be born. Nevertheless amazingly this message, that is meant to be the most important message to humanity is very simple, almost childish. Not only that the selection criteria seem pretty ambiguous but there are a myriad of other questions, that it doesn't address. What happens to the Dead, they just gonna be left behind or are they all reincarnated? Why to leave the ones here on Earth behind who are not selected when the Spirit's first law is Unconditional Love, doesn't that lead to complete forgiveness? Look Leon this is a fast letter encompassing some hurdled points of doubt, but there are many others

[Login or register](#) to post comments

Bit Bucket

Submitted by **Leon Night** on Mon, 12/07/2009 - 07:19.

This thread is quickly being swallowed by the bit bucket. See ya in another thread.

"Confusion is the first step toward understanding" - Confucius

[Login or register](#) to post comments

Starve the devil of war and thereby feed and free all humanity.

Submitted by **Everpresence** on Thu, 03/11/2010 - 05:37.

Now I'm sorry I wasn't present while the above discussion was unfolding. I wanna add a bit o perspective: My experience of reading Jeff's 'Soul-shaping...' started well, but quickly hit a snag with the reading of what seems to have been the result of the author's reaching too far and carelessly for a helpful metaphor...the reference to men fighting/dying for liberty. However, as I *know* myself to be strongly reactive on that particular issue, I pushed myself to continue reading J.B.'s offering. And I'm glad I did; I was impressed by one after another of insightful and beneficial/helpful points of observation in regard to the necessity, challenges, and pitfalls of the inner journey. I was not entirely pleased with myself, however, for throughout my reading a portion of my mind was stuck back in the earlier paragraph which mentioned some blokes who had fought and died for our freedom. And my conclusion is that that was the only really unguarded, careless, and potentially detrimental moment in that essay. I was positively impressed by the rest. And I

was very impressed to have 'met' in the reply thread a Viet Nam combat vet who feels exactly as I do about the armed forces P.R. full of lies which bestows a smokescreen of social respectability on the whole military mass murder racket, designed for little more than to heap masses of money in the accounts of the invisible international (extra-terrestrial?) Zionist/Satanist/mammonist elites. I, too, spent 3 years active duty in Uncle Sam's Murder Club (USMC), but praise God, there was no combat mobilization during the period I served actively from 1979 to 1982. Rarely do I find a combat vet who has kept his brains and evolving spirit as clear and intact as Leon Night; the majority, it seems, continue wandering around with their psyche trapped back in that point in time, and so, continuously justifying their ongoing diatribes against those "filthy commies, gooks, etc." To me, these are little better off than walking dead. To my awareness, the single best, almost instantaneous, education on the nature of the military and modern warfare is contained in the 4-minute youtube clip, "Military Soldiers Are Waking Up", by Mark Prysner, a young veteran of the Iraqi war. Another is Maj-Gen. Smedley D. Butler's (USMC, Ret.) booklet, "War Is A Racket." Ironically, when I was in USMC boot camp, the Drill Instructors often yelled at us recruits, "AAAarrgh! YOU! SHOULD! BE! MORE! LIKE! MAJOR-GENERAL SMEDLEY D. BUTLER, U.S. CONGRESSIONAL MEDAL OF HONOR WINNERRRRRRRRR!!!!!" I doubt if that drill instructor knew what he was saying, but I am pleased to report that I have turned out as Smedley D. Butler turned out, in regard to our shared awareness that war is about lying, spying, frying, crying, and dying--and far from providing freedom for anyone, war is the devil's feast. War is a combination of the worst of all human atrocities rolled up into one. There are none more enslaved than soldiers in the military. Starve a war, and thereby feed and free all humanity; feed a war, and thereby starve and enslave all humanity.

[Login](#) or [register](#) to post comments



You are what you eat.

[Privacy](#) [Advertise](#) [Contact Us](#)



CivicActions
Empowered

Creative Direction www.nowherenyc.com